

**Minutes
Commission on Aging
Special Meeting
August 25, 2010
Seymour Senior Center
10:00 AM**

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DATE: 9/16/10
TIME: 5:00 PM
TOWN CLERK'S OFFICE

- All members of the Commission were present: Joan Gee, Harry Marks, Bonnie Wilkes, Evelyn Molner, Phyllis Jachimowski
First Selectman Paul Roy and State Rep Theresa Conroy were also present.
Several members of the public attended.
- The meeting was called to order at 10:13 AM.
- All present recited the Pledge of Allegiance.
- **Public Comment-** Norman Ray house tenants stated appreciation of the work of the Commission. A member of the public asked about the number of seniors in Seymour-of the 3200, how many are still working? The specific demographics are not known. A resident of Seymour offered her assistance to the Commission. Contact info was exchanged. The chairperson of the Seymour Housing Authority stated her interest in working with the Commission. Joan Gee, Chairperson of the Commission on Aging, took some time to explain the charge of the Commission, (per town charter) and how all members are volunteers who expressed a desire to help the town. The Resident Service Coordinator for the Ray House appreciates the use of the Senior Bus for her residents. The question was posed- is the bus available for all Seymour Seniors? Yes, it is. This questions underscores the need for more publicity of all resources available for seniors. Paul Roy spoke about computers coming to the Senior Center from the Board of Ed. These will be for the use of seniors. Paul Roy is visiting area senior centers to observe their programs and activities. Many free programs are available. Paul Roy agrees that communication is an issue, and is searching for more funding. Anastasia Timpko, Community liaison from Shady Knoll, stated Shady Knoll will sponsor a free lunch at the Senior Center in connection with any health related program the Senior Center sponsors and hosts. She was asked to contact the Senior Center Director on this and copy the First Selectman and the Commission. State Rep Theresa Conroy spoke and expressed her support of the Aging Commission. She stated she is aware of a wealth of free health related programs. Joan Gee stated that we need more publicity to advertise more programs-and vice versa. They are tied together. Joan stated that a company named Senior Publications will produce a newsletter for free as they obtain the advertisers. The only cost would be postage. A meeting will be set up with this company and Paul Roy and Joan Gee. Paul Roy also mentioned that perhaps the area Senior centers could work together to maximize resources.
- **The minutes of 7-28-10 and the minutes of 8-10-10 were approved as presented.**
Motion- Harry Marks
Second-Evelyn Molner

All in favor

- Items 5 and 6 (Senior Center Director's items) were tabled until the September meeting as the Director was unable to attend.
- There was no Executive Session.
- Other Business: The issue of providing free coffee to all who use the Senior Center was again discussed. The Commission has donated sufficient supplies for several months and has repeatedly requested that this be publicized as a welcoming tool. Nothing has been posted to date and it is not in the newsletter. There was no coffee made on this day, with a meeting open to the public.
Paul Roy suggested that some of the Commission meetings be held at the Callahan and/or Ray Houses.
- The agenda was prepared for the 9-22-10 Special Meeting.
- Public Comment-Senior Center and School interaction were discussed, such as seniors making crafts for school fundraisers and volunteering in other ways.
- The meeting was adjourned at 11:30 AM.
- Motion-Harry Marks, Second, Phyllis Jachimowski. All in favor

Respectfully submitted,

Bonnie C. Wilkes
Secretary, Commission on Aging