

**Minutes**  
**Commission on Aging**  
**Special Meeting**  
**Wednesday, April 28, 2010, 10:00 A.M**  
**Seymour Senior Center**

COPY RECEIVED  
DATE: 5-28-2010  
TIME: 2:58 P.M.  
TOWN CLERK'S OFFICE

Members present-Joan Gee, Harry Marks, Bonnie Wilkes, Evelyn Molner, Phyllis Jachimowski  
Others Present-Theresa Conroy, State Representative, 105<sup>th</sup> District; Sharon Gesek, State Commission on Aging; Lucy McConologue, Seymour Senior Center Director; Anastasia Timpko, Shady Knoll.

- The meeting was called to Order by Joan Gee at 10:10 A.M.
- All present recited the Pledge of Allegiance
- There was no public comment.
- Theresa Conroy introduced herself and stated her support of the Commission on Aging. She also stated is happy to see that the Commission is once again active and meeting on a regular basis.
- Sharon Gesek spoke as a member of the State Commission on Aging. Sharon is a Seymour resident and employed as the Director of Elderly Services for the town of Southbury. Sharon explained the composition and the function of the State Commission on Aging. The Commission can advocate for and encourage legislative changes and passage of bills to benefit seniors. Sharon also explained that on the local level, all Commissions of Aging differ. Harry Marks referred to the Seymour town charter which authorizes and provides direction to the Seymour Commission on Aging.
- The minutes of the 3/24/10 meeting were reviewed and approved. Motion-Harry Marks, Second, Phyllis Jachimowski.
- The minutes of the 4/7/10 meeting were reviewed and approved. Motion-Harry Marks, Second, Evelyn Molner.
- Distribution methods for the proposed survey for Seymour seniors were discussed. A special, special meeting was scheduled for Monday, May 3, at noon, to finalize the draft survey.
- Lucy McConologue, Senior Center, Director, gave her report. Lucy stated there are 120 paid members of the Seymour Senior Center as of today's date. Lucy discussed the May schedule. Open House is scheduled for May 17. The Commission asked Lucy to reach out to the newspapers to publicize upcoming events. The Senior Center currently does not have any exercise programs on the schedule. The chair, Joan Gee, asked Lucy to contact other Senior centers to facilitate obtaining exercise programs for Seymour.  
The Seymour Seniors Bus was discussed. Lucy submitted a log which listed only days and number of riders. The Commission requested mileage and times of trips. The Commission also

requested information on requests that are not able to be met and also cancellations. This information is needed to demonstrate the continuing need for the bus and for the Commission to advocate for increased use.

Lucy also stated she will devise a form for May 1<sup>st</sup> for both the van and the bus to track the pre-trip safety checks which are conducted on a regular basis.

- The Commission moved on to the next agenda item - transportation. The Senior Bus is funded, in part, through a grant from the Katherine Mathies Foundation. The objective of the grant is to allow the older population of Seymour to live independently by assisting with medical, shopping, and social needs. A motion was raised by Bonnie Wilkes and seconded by Harry Marks. All present were in favor. The motion is as follows: **The Seymour Senior Bus shall be available to all Seymour seniors, without a fee, subject to scheduling. This shall be the official policy.**

- Municipal Agent for the Elderly

Bonnie distributed copies of State Statue-Sec. 7-127b, which discusses the responsibilities of Municipal Agents for the Elderly. Each municipality is required to have an agent and the agent is required to report on activity and attend trainings at the Connecticut Department of Social Services when requested.

No reports have been received at the State level from Seymour for the past few years. Lucy requested the e-mail address for the DSS contact. Bonnie will forward it to her. The Commission requests that the availability of the municipal agent (Lucy) be indicated on the Senior Center newsletter and also on the Town of Seymour website.

- Other Business

The Seymour Senior Center does have a defibrillator on site. Two employees are currently certified.

A motion was made as follows: **The Chairman of the Seymour Commission on Aging shall be an ex-officio member of the Seymour Senior Center.** Motion- Bonnie Wilkes, Second-Evelyn Molner. All present were in favor.

- There was no further public comment.
- The agenda was prepared for the next meeting/

The meeting was adjourned at 1:30 P.M.

Respectfully submitted,  
Bonnie C. Wilkes  
Secretary, Commission on aging