



## NUTRITION, HEALTH, AND SAFETY COMMITTEE MINUTES

April 20, 2015

Bungay Elementary School

Room 2

7:00 pm

**Board Members Present:** Sandra Gesek  
Fred Stanek

**Absent:** Theodora Klarides  
Yashu Putorti

**Others Present:** Cindy Brooks  
Rich Kearns  
Cory Tomasella  
Lee-Ann Dauerty, Board Clerk

### I. CALL TO ORDER

A. Mr. Stanek called the meeting to order with the Pledge of Allegiance at 7:00 pm

### III. REPORTS AND INFORMATION

A. Discussion and Possible Action

1. District Wellness Committee Update – Nancy Snopkowski, Cindy Brooks  
Mrs. Snopkowski reported that the District Wellness Committee recently met and reviewed the present wellness policy, specifically the 2010 requirements. They found some information was missing and Mrs. Snopkowski will make recommendations to the Policy Committee regarding updating the policy. She talked about the energy bursts that are being done in the classrooms. She explained that Energy Bursts are a three minute period where students get up and move whether it be dancing or doing jumping jacks, or some other form of physical exercise. They are designed to help the children burn off excess energy so they can sit down and concentrate on their class work. Energy Bursts happen three times a day. Mrs. Snopkowski said the health curriculum is being reviewed with a goal being that what they are doing in the middle school will be a bridge to the high school. VITAHLS is offering several after school programs for staff. Mr. Aprea will be doing a video of his class doing exercise. They are hoping to add two students to the District Wellness Committee and will approach the students to see if they are interested in participating. Mrs. Brooks said they also reviewed the 2010 nutrition requirements in the policy and they are trying to use wording that would not need to be revised year after year. She reported that the fundraising forms are working well with regard to food related fundraising. Because of the Healthy Food certification, she must deny many of these fundraisers but if they parents are willing to pick up and take home the items the fundraising can happen. Because of the program the items cannot be sold in schools. Mr. Stanek asked if a report had to be filed for this and Mrs. Brooks said no. Ms. Gesek asked if more students are bringing lunch to school. Mrs. Brooks reported excellent participation with an overall 65% buying lunch. The breakdown is 85% - MS, 65% - HS, 55% - elementary schools. She reported the breakfast program is going good at a 13% participation districtwide. Students who qualify for Free and Reduced Lunch also get breakfast. Mrs. Brooks would like to give all free breakfast at some point. Ms. Gesek asked if parents have to show proof to qualify for Free & Reduced Lunch. Mrs. Brooks said they need to complete an application which she reviews to determine if the criteria is met. The computer chooses 6-8 applications for an audit and those parents must provide a pay stub, receipt of child support payments, Social Security statements, etc. Mrs. Brooks brought up the Health Food Certification saying she would like to submit the paperwork regardless of the Governor's budget decision to cut \$28,000 from the program. Ms. Gesek said that is a lot of money to not have.

Mrs. Brooks said her association is taking out ads and sending postcards to protest the cut. She said the budget is going to be tough.

Mr. Stanek said he was unable to add this to the agenda of the meeting but felt it could be addressed at the regular Board of Education meeting.

- \* 2. Matters concerning security strategy or the deployment of security personnel or devices affecting public security

**MOTION:** (Ms. Gesek/sec., Mr. Stanek) to enter into Executive Session to discuss matters concerning security strategy or the deployment of security personnel or devised affecting public security

**SO VOTED**

**AFFIRMATIVE:** Ms. Gesek, Mr. Stanek

Mr. Stanek amended the motion.

**MOTION:** (Ms. Gesek/sec., Mr. Stanek) to enter into Executive Session to discuss matters concerning security strategy or the deployment of security personnel or devised affecting public security and to invite Mrs. Snopkowski, Mr. Kearns, and Officer Tomasella into Executive Session

**SO VOTED**

**AFFIRMATIVE:** Ms. Gesek, Mr. Stanek

- \* *It is anticipated that the asterisked items will be discussed in Executive Session from which the public will be excluded*

Into Executive Session: 7:22 pm

Out of Executive Session: 8:22 pm

B. Reports

- 1. Chairman's Report

None

- 2. Superintendent's Report

None

IV. ADJOURNMENT

**MOTION:** (Ms. Gesek/sec., Mr. Stanek) to adjourn the meeting

**SO VOTED**

**AFFIRMATIVE:** Ms. Gesek, Mr. Stanek

The meeting adjourned at 8:23 pm.

Submitted by:  
Lee-Ann Dauerty  
Board Clerk