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TOWN CLERK'S OFFICE

MINUTES

Commission on Aging Committee Meeting

Wednesday, July 27, 2016 @ 10 am

Community Center Room 107

Members Present: Chairman Karen Stanek, Phyllis Jachimowski and Suzanne Reilly

Member(s) Absent: Evelyn Molner and Kathy Pagliaro-Rich

Others present: Lucy McConologue, Elderly Services Manager and Mary McNelis, Community Services Director

1. **Call meeting to order:** The meeting was called to order by Karen @ 10:07 am
2. **Pledge of Allegiance:** all present stood and recited the Pledge of Allegiance.
3. **Public comment:** There was no public comment.
4. **Approval of the June 22, Meeting minutes:** A Motion was made by Phyllis to approve the June 22, 2016 Meeting minutes and 2nd by Suzanne. Motion Carried.
5. **Elderly Services Manager Report:** Lucy presented and distributed a prepared **Senior Center Reports** dated July, 2016. The June report was categorized as **Weekly Activities** that included Chair Yoga and QiGong, **Other July Activities** that included some of the June activities that were held like the 6/11 Annual Picnic at the Land Trust with Entertainment which was excellent. **Future Events & Programs** – Plans are underway for a Senior Day during Senior Citizen Month with day long activities that include free pancakes in the morning of Wednesday, September 7. Members are invited to attend and or observe any of the programs and events offered. Since there are new hours of operation they are looking to introduce a Friday morning exercise class such as kickboxing and the Shopping day (Thursday) has been changed to Friday. Karen also announced that the Board of Selectman is planning an Emergency Preparedness Day (in case of a shooting). Mary and Lucy had asked to be kept informed in hopes that he Community Center and Seniors would also be involved. There are currently 20 registered for the Las Vegas Trip 9/18 – 9/23. A flu clinic will be held on October 19th from 9:00 – 11:00 am (Valley Health Dept.) **Bocce Court Renovation update** –Dakota Petruzic is working at Boy Scout Camp for the summer. He has been in contact with Lucy and has his project being reviewed by the Building Inspector Office. A meeting will be set with the Building Inspector as soon as Dakota is back in town.

Mary reported the Senior Center **Membership numbers** are not at **251** with **\$856** collected. There were **four** new members for June and no new members in July.

Transportation continues for Church services; presently St. Augustine and the Seymour Congregational Church parishioners are using the services on regular basis. The service has been promoted in the Church bulletins.

5. **Municipal Agent Report** - Bonnie Wilkes, Municipal Agent for the Elderly

was not available to attend the meeting but did say she would be forwarding a copy of her July report next week to all committee members.

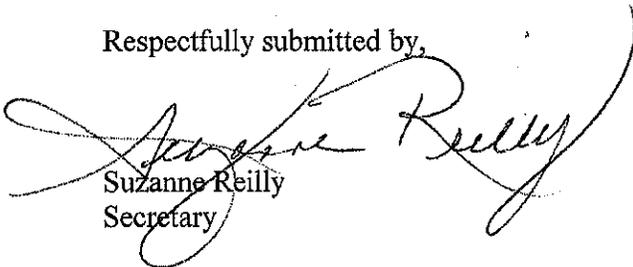
Mary reported that Bonnie is working with the Agency on Aging of South Central Connecticut for the Senior Center to be a host site for the Live Well-Chronic Disease Self-Management (CDSMP) and Diabetes Self-Management (DSMP) Workshops – programs designed for adults who want to take charge of the ongoing health problems and get relieve form the chronic fatigue and other symptoms. These program last for 6 weeks and are held once a week for 2.5 hours.

6. **Public comment:** There was no public comment.
7. **Community Outreach Flyer** – We're looking to inform the public of the opportunity to participate in the Commission on Aging Meetings during the public comment segment and to be kept informed of the opportunities for our Seniors in our community. Suzanne will inform Rory to include the public is invited in the Seymour Town Guide Commission on Aging information page and also see if we can also include it on the town's website and or the Newsfeed. We'd like to get feedback on how we can better serve our seniors. Suzanne will work on a draft flyer to present at our next meeting. Members were asked to list areas that the flyer would be posted and distributed, some suggestions were: Library, Grocery Stores, Town Hall, Pharmacies, Senior Center Bulletin, The Voices, press releases, and the Seymour Senior Center calendar. More suggestions are welcome.
8. **Members comment** – It was noted that improved signage has been posted to help direct those needing Handicapped Access (wheel chair, walker aide access) to the building. Mary reported that another sign has been ordered to be posted near the Handicapped Parking indicating where the Elevator Entrance is as well.

There was discussion on ways we can get more public members to attend the Commission meetings; it was suggested that the Valley Independent Sentinel be informed of the meetings and also that it be submitted for the Community Calendar.

9. **Prepare next meeting agenda** – those present discussed the items to be included on the next meeting agenda.
10. **Adjournment** - A motion was made by Phyllis and 2nd by Suzanne to adjourn the meeting at 11:59 am. Motion carried.

Respectfully submitted by,



Suzanne Reilly
Secretary