

COPY RECEIVED  
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TIME: 1:00pm  
TOWN CLERK'S OFFICE

## MINUTES

### Commission on Aging Committee Meeting

Wednesday, November 23, 2016 @ 10 am  
Community Center Room 107

**Members Present:** Phyllis Jachimowski Evelyn Molner and Suzanne Reilly

**Member(s) Absent:** Chairman Karen Stanek and Kathy Pagliaro-Rich

**Others present:** Mary McNelis, Community Services Director

1. **Call meeting to order:** The meeting was called to order by Evelyn @ 10:05 am
2. **Pledge of Allegiance:** all present stood and recited the Pledge of Allegiance.
3. **Public comment:** There was no public comment.
4. **Approval of the October 26 Meeting minutes were tabled until our next meeting.**
5. **Elderly Services Manager Report:** Mary presented Lucy's report in her absence and distributed a prepared **Senior Center Reports** dated November 2015 (which should have read 2016). The report was categorized as **Weekly Activities** that included Easy Tai-Chi in which additional new classes were added. Mary also reported that Zumba Gold will be held on Friday mornings in January. **Other Events** included the November activities held like the like the Radio City Music Hall Trip & Shopping trip that had 50 individuals participate, and the trip to Foxwood Casino had 52, the Thanksgiving Lunch was a success with Tony Castle as the entertainment in which 54 attended. Mary also mentioned the following upcoming offerings:
  - Themis Klarides office will be working with them to offer a presentation on Lowering your Electric Bill in February or March, 2017.
  - The Lower Naugatuck Health Department will be offering an 8 week course on Falling-The Matter of Balance from 10 – 12 starting on Thursday, March 2. This program will be offered Free to Valley Residents.
  - Christmastime In Ireland-Nelson Hall Theatre that features an all-star cast featuring vocalist Trish O'Brien, The Dublin Trinity Band, the Dublin City Dancers and Ireland's King of Blarney, comedian George Casey. Thursday, December 15 Cost: \$35
  - UConn Basketball, XL Center
  - CT Garden & Flower Show February 16
  - Pacific Coastal Cruise – departing from Seattle, Washington - 7 night cruise along the Pacific Coast on the Explorer of The Sea. Prices include round trip airfare & transfers, 1 night pre-stay in Seattle and 2 meals, 7 night cruise with all meals, activities and entertainment aboard. Includes trip insurance. An informational session will be held on October 25th at 6:00 pm at the Seymour Community Center. Please register for the informational session. Date: September 21–29, 2017 Cost: \$2079/pp - \$2529/pp.
  - December - Holiday Celebration Enjoy a pre-holiday sumptuous lunch catered by Mattiei's Deli and Catering. Harpist, Debbie Vinick December 14 12:00 Noon

**Center closings dates for November listed Veteran's Day & Thanksgiving.**

Committee members asked if the programs enrollment may be broken down to demonstrate the number of clients over 55 that are utilizing the programs.

The Community Center Bus can accommodate between 16 – 18 individuals and utilizing the bus helps keeps the trips affordable. Suzanne asked if Transportation to the Food Bank has been offered as a serviced of the Community Center Bus. Mary said that was one of her goals when the Seymour/Oxford Food Bank came to this building, but this has not yet been implemented; she will consult with the Food Bank Director to revisit this option and the logistics of offering transportation to those who may need it to get to and from the Food Bank. Transportation continues for Church services.

6. **Municipal Agent Report** - Bonnie Wilkes, Municipal Agent for the Elderly was not available to attend the meeting but did say she would be forwarding a copy of her November report to all committee members.
7. **Public comment:** There was no public comment.
8. **Community Outreach Flyer discussion was tabled.**
9. **Members comment** – Suzanne presented a proposed 2017 Meeting Schedule and there was discussion as to whether we ought to have meetings during the month of July and August, the proposed schedule (attached) will be voted on next month. Suzanne also mentioned that the charge of the Commission on Aging includes oversight of the Town's Senior Center as well as preparation of an annual budget in conjunction with the Senior Citizens' Director. Since this committee was not active last year during the budget preparations it is hoped that we can be involved in the budget process this year. Mary said she'd share the current and proposed budgets at the next meeting.
10. **Prepare next meeting agenda** – those present discussed the items to be included on the next meeting agenda: the Meeting Schedule and transportation discussion as well as the budget process.
11. **Adjournment** - A motion was made by Phyllis and 2<sup>nd</sup> by Suzanne to adjourn the meeting at 11:02 am. Motion carried.

Respectfully submitted by,

  
Suzanne Reilly  
Secretary



## **Seymour's Commission on Aging**

Fourth Wednesday, monthly @ 10:00 am  
Seymour Senior Center - Room 107

### **2017 Meeting Schedule**

Wednesday, January 25, 2017  
Wednesday, February 22, 2017  
Wednesday, March 22, 2017  
Wednesday, April 26, 2017  
Wednesday, May 24, 2017  
Wednesday, June 28, 2017  
Wednesday, July 26, 2017  
Wednesday, August 23, 2017  
Wednesday, September 27, 2017  
Wednesday, October 25, 2017  
Wednesday, November 22, 2017  
Wednesday, December 27, 2017

### **Members:**

Phyllis Jachimowski, Evelyn Molner, Kathy Pagliaro-Rich,  
Secretary Suzanne Reilly and Chairman Karen Stanek