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MINUTES

Commission on Aging Committee Meeting

Wednesday, January 25, 2017 @ 10 am

Community Center Room 107

Members Present: Phyllis Jachimowski, Evelyn Molner, Kathy Pagliaro-Rich and Suzanne Reilly

Member(s) Absent: Chairman Karen Stanek

Others present: Mary McNelis, Community Services Director, Lucy McConologue, Elderly Services Manager

1. **Call meeting to order:** The meeting was called to order by Evelyn @ 10:07 am
2. **Pledge of Allegiance:** all present stood and recited the Pledge of Allegiance.
3. **Public comment:** There was no public comment.
4. **Approval of the October 26 Meeting minutes:** A Motion was made by Evelyn to approve the October 26 Meeting minutes and 2nd by Kathy. Motion Carried.
5. **Elderly Services Manager Report:** Lucy presented and distributed copies of her December 2016 and January 2017 Senior Center Reports. The report was categorized as **Weekly Programs** that included the new weekly Zumba Gold held on Friday mornings that is offered at no charge; also listing **Special Activities** which included Lunch Bunch @ Brookside Inn; **Upcoming Programs** which included the AARP Tax Assistance Program on Thursday am 2/2 – 4/13 (another free service); and the AARP safe Driver's Course to be held on March 6. The Tribute to Frankie Valli & Four Seasons @ Nelson Hall in April is an affordable program offered at \$30 - \$35. The Tri Arts Theatre and Thimble Island Cruise will be offer this summer; **Other Information** included the In-House Gym Equipment for use by the Public (including seniors to open on February 1st at no charge to residents. Mary also mentioned that he Scout Project for a canopy oversitting area adjacent to the Bocce Court should start by spring – plans have been developed with the help of the Town Engineer Brian Nesteriak (who is also active in Scouts) the next phase is to get donations for the material (financial and actual material prior to getting the work done.
6. **Municipal Agent Report** - Bonnie Wilkes, Municipal Agent for the Elderly was not available to attend the meeting but did say she would be forwarding a copy of her January report to all committee members.
7. **Public comment:** There was no public comment.
8. **Old Business: Community Outreach Flyer** discussion took place and Suzanne has agreed to revise the flyer and resubmit it next month. **Transportation** – committee members expressed concerns on the usage of the Community Center Bus and it was suggested that a grant be submitted to help cover the cost of a new larger bus to accommodate the larger groups, etc.

9. **New Business: Budget Review** – Mary submitted a copy of her 2016 Fiscal YTD Commission on Aging Report that illustrated:

- A six month summary of membership numbers for those aged 55 – 79 and 80+and residents vs non-residents members, the total members during that period was 296; 29% of which are non-residents and 34% are over 80 years of age.
- The overall age demographics of Community Services registrations for July – December 2016 - 54% of those registering for programs were 55 years of age and older.
- Senior Registration Demographics for the six month period listing residents vs non-resident with a total of 1361 registrations of which 79 % were residents.
- Total Fiscal YTD Registrations (6 months)
 - 433 - Senior Fitness
 - 380 - Day & Overnight Trips
 - 265 - Senior Monthly In-House Lunches (6 were offered)
 - 62 - Lunch Bunch – (6 were offered)
 - 21 - Health, Wellness & Educational Workshops
- Transportation Services – 35 individuals received a total of 237 rides.

Mary also mentioned that she has already submitted her budget for the next year with nominal increases.

10. **Members comment** – Suzanne mentioned that TEAM, Inc. also offers The **Volunteer Income Tax Assistance (VITA)** program offering free tax help to people who generally make \$54,000 or less, appointments are necessary and can be made by calling TEAM, Inc. at several locations with Saturday and Sunday appointment available.

11. **Prepare next meeting agenda** – those present discussed the items to be included on the next meeting agenda and perhaps inviting guests to come and speak to the group about Transportation and/or Senior Community Resources.

12. **Adjournment** - A motion was made by Phyllis and 2nd by Suzanne to adjourn the meeting at 11:38 am. Motion carried.

Respectfully submitted by,

Suzanne Reilly
Secretary