

MINUTES

Commission on Aging Committee Meeting

Wednesday, April 26, 2017 revised

@ 10 am

(With corrections)

Community Center Room 107

Members Present: Phyllis Jachimowski, Evelyn Molner and Suzanne Reilly

Member(s) Absent: Kathy Pagliaro-Rich

Others present: Mary McNelis, Community Services Director, Lucy McConologue, Elderly Services Manager,

1. **Call meeting to order:** The meeting was **called to order by Suzanne @ 10:05 am**
2. **Pledge of Allegiance:** all present stood and recited the Pledge of Allegiance.
3. **Public comment:** There was no public comment.
4. **Approval of the January 25, 2017 Meeting – a motion was made by Evelyn and seconded by Phyllis to approve the January 25, 2017 Meeting – motion carried.**
5. **Elderly Services Manager Report:** Lucy presented and distributed a prepared **Senior Center Reports** dated April, 2017. The report was categorized as **Weekly Activities** that included Bingo which has between 35 – 40 individuals in attendance. **Other Events & Trips** included the 4/19 – In-House Luncheon - Porketta which had 65 in attendance, Mattei's provides the catered lunch the charge is \$8.00 for the meal and entertainment, the cost to the center is \$12 for the lunch and entertainment costs between \$200 and \$350 per Luncheon. They have expanded to offer Saturday events and activities. And have had more flexible hours to accommodate mostly seniors. The Healer Within is conducted by a certified Qigong and Tai-Chi Practice Leader, self-massage, breathing exercises and tea ceremony are shared with the 12 participants, all 55 years and older. The trip to Nelson Hall (Tribute to Frankie Valle) was held on Friday, April 21. 50% of those utilizing the Fitness Center are seniors The AARP Tax Program had 85 participants. The Work & Save: How Secure Is Your Financial Future? and the Life Reimagined Workshop Both Workshops will be offered for free will be held in the evenings.

Early Bird Dinners will be offered beginning in May and in June from 4:00 – 6:00 pm at the \$8.00 cost per person. They are trying a different time of day to offer these events. Membership numbers are up to 277 = 30 from the last report.

A Walking Club will be beginning in May and continue through June at Chatfield Park on Wednesday s from 8:00 am – 8:30 am. The will walk in the Gym at the Community Center on Rainy days.

6. **Municipal Agent Report - Bonnie Wilkes, Municipal Agent for the Elderly** was not available to attend the meeting.

7. **Public comment:** There was no public comment.
8. Old Business:
 - a. Community Outreach Flyer – no result were submitted.
 - b. Transportation - A grant proposal has been submitted for a 29 passenger bus that would be shared with the community. The Community Center Bus continues to provide an average of 4 individuals with transportation to Church Services each week. Medical Transportation calls - there were 3 rides provided last month to medical appointments. We are still exploring the possible in of incorporating volunteers to help provide and expanded our capacity to offer medical transportation rides services.
9. New Business – Elect New Chairman – tabled until an additional member is recruited to fill the vacancy as a result of Karen Stanek’s resignation. We will address the role of Chair for the Commission once a new member has been appointed.
10. Members comment – Phyllis shared that Captain’s Cove – The Nina and Pinta Ships are scheduled to come through Connecticut and it would be worth looking into as a trip for the seniors. She also share that Seven Angels Theatre has had some wonderful performances, and would be another more local trip to consider. In past years, Commission members had a presence on Founder’s Day getting feedback and suggestions from our residents. Suzanne will be out of town that weekend; other members are welcome to share any feedback that is received.
11. **Prepare next meeting agenda** – those present discussed the items to be included on the next meeting agenda, recruitment of additional members.
12. **Adjournment** - A motion was made by Phyllis and 2nd by Evelyn to adjourn the meeting at 11:20 am. Motion carried.

Respectfully submitted by,

Suzanne Reilly
Secretary