

MINUTES

Commission on Aging Committee Meeting

Wednesday, May 23, 2018

Community Center Room 107

Members Present: Phyllis Jachimowski, Evelyn Molner, Robert Newton, and Suzanne Reilly.

Members Absent: Kathryn Rich

Others Present: Mary McNelis, Community Services Director

Call meeting to order: The meeting was called to order by Evelyn @ 10:09 a.m.

1. **Pledge of Allegiance:** All present stood and recited the Pledge of Allegiance
2. **Public Comment:** None
3. **Approval of April 25, 2018 meeting minutes:** A motion was made by Phyllis and seconded by Suzanne to approve the April 25, 2018 meeting minutes, motion carried.
4. **Elderly Services Manager Report:** Mary distributed the prepared May 2018 Aging Commission Report in Lucy's absence (attached). (Lucy was attending a Casino trip rescheduled due to the storm. Due to the power outages, the center closed for several days.) Mary reported that they continue to work on walking path but due to the storm, Public Works are behind schedule around the entire field that should be available by the summer months and will be open until dusk, daily. Mary distributed the May and June calendar of events and she was able to share the number of participants for May for the exercise classes. They are using a new method of tracking attendance using a digital attendance has been quite effective. To highlight the attendance...
 - Chair Yoga held on Mondays is popular with up to 17 in attendance
 - Tai Chi Easy II and Circuit Training held on Tuesday had a consistent 5 and 6 respectively
 - The Atlantic City Trip had 33 attend
 - Aqua Zumba on Wednesdays consistently had 12 participants
 - 32 attended the Senior Center Lunch
 - Qigong Class on Thursdays had up to 15 attend
 - Strength & Balance class had 19 in attendance on Friday mornings
 - The Stormville trip had 16.

Mary reported that they have the support of an Intern this summer Bob Brown, a Southern Connecticut State University Health, Recreation and Wellness student. He has been conducting the Outdoor Basketball League at Gray Park and a Couch to 5K Program. They are addressing some safety issues and installing a new floor in the Bingo Room and Wall padding in the Gym utilizing a State grant.

Mary reported that there are currently 475 Senior members up 15 from last month.

5. **Municipal Agent Report - Bonnie Wilkes, Municipal Agent for the Elderly**
Municipal Agent was unable to attend the meeting but will forward her report.

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6. **Financial Report:** Mary shared the financial report for the Elderly Services department currently on target compared to of the budget and was looking good for the year.
7. **Public Comment:** None
8. **Old Business:** After discussion the committee members present agreed to follow the posted meeting schedule and not meet on June 27, our next meeting will be August 22, 2018. In addition, the merging of the Commission on Aging, Parks and Recreation Commissions is likely not to occur.
9. **New Business:** Discussion the **80 yrs. + nonresident fees.** Committee members did poll other Senior Centers to determine what others are charging for membership; the majority charge nonresidents a nominal fee. Currently, Seymour has 39 nonresidents over 80 years of age. If we were to charge them \$7, the impact would be less than \$300. Phyllis made a motion to increase the fee for nonresidents over 80 to \$7.00 beginning July 1, 2018, and seconded by Suzanne, motion carried. **Transportation** – they are still seeking funds for a new ADA compliant bus.
10. **Member Comment:** Suzanne Reported that TEAM provided the 120 Callahan House and Norman Ray House residents with a hot meal on Thursday and Friday of last week since they were without power. A special thanks to Teila Cheever who helped to coordinate and ensure that every resident received the meal. Bob reported that the Community Emergency Response Team Shelter at the Middle School served 75 individuals during the power outages after the storm.
11. **Prepare August 22, 2018 meeting agenda** - discuss upcoming fall events and programs.
12. **Adjournment** A motion was made by Phyllis and seconded by Bob to adjourn, Motion carried. (11:04 am)

Respectfully Submitted, Suzanne Reilly, Secretary - Commission on Aging