

DRAFT

East Haddam Commission on Aging COA Meeting Minutes September 26, 2019

Present: Brad Parker, Alice Sabo, Joe Sina, Jo Golec, Barbara Davis, Maureen Gillis, Mary Ellen Klinck.

Absent: J. Pagnani, Sue Bostelman, Jovita Cozean, E. Lyman.

Guest: Joseph Zaid.

Meeting called to order at 10:31 AM by J. Sina.

B. Parker introduced Joseph Zaid, Independent candidate for First Selectman.

J. Sina moved to have ME Klinck and M. Gillis sit in for J. Pagnani and S. Bostelman. Motion carried.

Minutes: J. Golec made a motion to approve the minutes of the July 26, 2019 meeting. Seconded and carried.

Treasurer's Report: A. Sabo gave the Treasurer's Report. The account has \$5,397.33. No expenditures. This is a Town account that the COA controls.

Correspondence:

Thank you notes were received from Dolores Tedford and Jovita Cozean for the new handrail leading from the Senior Center parking lot to the Heritage Park walking trail.

Old Business:

- Regional COA Meeting scheduled for 10/17/19 in Portland was cancelled. East Haddam will host the next regional COA meeting on 1/16/20; East Hampton will host the 4/16/20 meeting and Colchester will host the 7/16/20 meeting.
- Certification: Do we need to go through certification as a Senior Center? It includes lots of paperwork and \$\$\$. B. Parker suggested that a town-wide survey would better serve our community.
- Town-wide Survey: M. Gillis, B. Parker and ME Klinck met and put together a 10-question survey, to be brought to the rest of the Board for discussion. Where would this survey go to be accessible to townspeople: Online, Local newspaper, Municipal Building, Libraries, Town Website, Senior Center Facebook page, Oak Grove, and Meals on Wheels clients. What is the cost? Cost would depend on whether we upgrade the online version; about \$35-50. ME Klinck made a motion to upgrade the survey up to \$50. Seconded by M. Gillis. With the upgrade, more questions can be added and the results are tabulated. When to release to townspeople? Suggestions that word of mouth seems to be the best form of publicity, and possibly hold a focus group at the Library.
- Survey: Question #4: Change to 'if these programs were available to you'.
- Survey: Question #3: If you have participated, how would you rate these programs? Are there other programs you would like to see added?
- Survey: Question #6: What type of educational program(s) would you be interested in?
- Add a Question: What time of day most appeals to you: Morning, Afternoon, Early Evening?

New Business:

- Senior Meals: Moodus BBQ is still providing meals on Tuesdays and Thursdays for \$5 per meal, and they are very much enjoyed.
- M. Gillis asked if she could bring her 'Witch's Dance' group to Heritage Park to the Pumpkin Walk. She and B. Parker will find a date.
- B. Davis will send a letter to E. Lyman and Board of Selectmen for the COA Board recommendations.
- Senior Center: Senior Center use has greatly increased in the last few years.
- Meals on Wheels: 16 clients are being served. The budget for the next fiscal year starting in October has not been determined, but will probably stay the same.
- CRT: There will be a CRT Training for meals at the East Haddam Senior Center.

Coordinator's Report:

- There will be a Medicare presentation at the Senior Center on 10/10/19 at 7 PM.
- Flu Shots will be available at the Senior Center on 10/10 from 12:30-2:30 PM. B. Davis will put an article in the Town News noting both events.
- Fuel Assistance: appointments will begin on 10/1/19. B. Parker is already getting calls. There could be over 100 applications.

Upcoming Activities:

- 10/2: Casino
- 10/4: Massage by Cora. She will do massages 2x month.
- 10/8: Shopping
- 10/9: Mystery Lunch
- 10/10: Flu Shots; Medicare talk
- 10/11: Red Hats trip
- 10/17: Reiki; Bingo
- 10/18: Massage by Cora
- 10/21: Connecticare representative
- 10/22: Shopping
- 10/24: Craft Class
- 10/24: Ice Cream Sundaes and Bingo, 6 PM
- 10/28: Movie
- 10/30: Ivoryton Playhouse
- 10/30: Open Enrollment begins for Medicare Supplements
- 11/18: Medicare Savings Plan
- 11/20: AARP Driving Class

The next regular COA Meeting will be held at the Senior Center on November 21, 2019 at 10:30.

A motion to adjourn was made by J. Golec, seconded by J. Cozean and carried. Meeting adjourned at 11:34 AM.

Respectfully submitted by,

Barbara Davis, Secretary