

# DRAFT

## East Haddam Commission on Aging COA Meeting Minutes November 21, 2019

**Present:** Brad Parker, Alice Sabo, Joe Sina, Jo Golec, Barbara Davis, Jovita Cozean  
Maureen Gillis, Mary Ellen Klinck, John Pagnani, Rob Smith

**Absent:** Sue Bostelman

Meeting called to order at 10:34 AM by J. Sina.

**Minutes:** J. Golec made a motion to approve the minutes of the September 24, 2019 meeting. Seconded and carried. M. Gillis said that if there are no changes to the minutes, according to *Robert's Rules of Order*, there does not have to be a motion.

**Treasurer's Report:** A. Sabo gave the Treasurer's Report. The account has \$5,397.33. No expenditures, no changes. This is a Town account that the COA controls.

**Correspondence:** None

### Old Business:

- East Haddam Town-wide Survey: M. Gillis said that the Survey Monkey price has increased to \$100 per month. M. Gillis suggested that an article about the survey be sent to the next Events Magazine with a due date of 3/31/20 for responses. Also to add to survey: Mental Health Issues. The Survey will be available on the East Haddam website, Facebook page, both Libraries, Municipal Building (2 places), Senior Center, Food Bank, Clothing Bank, Ballek's, Wrasslin' Cats, Shagbark, Oak Grove, Cold Spring Farm, Meals on Wheels clients, 32 Main, Village Pizza. It was suggested that P.O. Box 623, Moodus or to Senior Center at 15 Great Hillwood Road be added for people to mail or return survey. Suggested to leave 20 copies at each location with a manila envelope for responses.

### New Business:

- Regional COA Meeting will be on January 16, 2020 from 1-3:30. B. Parker will contact Laura Crews, Director of Senior Resources from the Norwich Office. She will talk about services available to seniors including mental health issues, health savings plans and much more.

### Coordinator's Report:

- B. Parker reported that things are going well with the Senior Meals. CRT is providing meals 3 days per week; 2 days per week from Moodus BBQ. More people are attending the Moodus BBQ days. Quality of the CRT meals seem to be better.
- Updated MOU for the new year. Funding level is the same. At the State level, funding has not increased since 2009. Generous community donations have helped make up the difference.
- Meals on Wheels: Numbers fluctuate, as clients go to convalescent homes, hospital, move or pass away.
- Community Lions and First Church contribute to the Senior Center with dry/canned foods to supplement Meals on Wheels clients. Any excess food is given to the Food Bank.
- B. Parker reported that he is still working on getting the AV equipment (speakers) upgraded in the large room.

- There are new dispensers in the bathrooms for toilet paper, soap and paper towels. The change is town-wide and money-saving.
- Health Care: Open enrollment is still going on until 12/7.
- AARP Safe driving class was presented on 11/20.
- Bingo will be held today.
- Reiki, by Candy Nero, is being offered 2x/month; Massages by Cora 2x/month

**Upcoming Activities:**

- 11/25: November Birthdays
- 11/26: Shopping to Cromwell
- 11/28 & 11/29: Thanksgiving – Senior Center Closed
- 12/4: Last Enrollment day
- 12/7: Annual Craft Fair and Bake Sale 9-2
- 12/8: Caroling Bus to homebound 2 PM
- 12/9: Arts & Crafts with Candy Nero
- 12/11: Mystery Breakfast; Girl Scouts
- 12/18: Ivoryton Playhouse
- 12/20: NHRMS Chorus
- 12/30: New Year's Party

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The next regular COA Meeting will be held at the Senior Center on January 23, 2020 at 10:30.

A motion to adjourn was made by J. Sina and carried. Meeting adjourned at 11:30 AM.

Respectfully submitted by,

Barbara Davis, Secretary