



Ocean City : Healthy Living Advisory Council

Purpose of Council: This Council develops, endorses, sponsors and provides information on community health and fitness activities to encourage wider participation in good health practices.

Minutes - meeting held **Tues, Feb. 12th, 2019 (App'd Mar. 12th, 2019)**

Attendees:

Kathy Quinn (KQ)

Lisa Montgomery (LM)

Kathy Ridge (KR)

Ian Wright (IW)

Guest:

Michael Allegretto, Dir. Community Affairs (MA)

Previous Minutes – Approved for Oct.2018; Dec.2018 & Jan.2019

Discussion:

1. Health Class (KQ) Detox scheduled for Mar. 5th.
2. Bike Week – details required (Lauren Cowden/Randall Clark)
 - a. Need Artwork for T-Shirts (MA)
 - b. Bikes for the needy – KR to review
3. Outside Fitness Equipment (Parcourse) – Idea needs to go forward to Business Administration and Council. **Action**

Point: IW to pass explanation paper to Michael Allegretto, who will progress.

4. Healthy Living Fair: Proposed to be held at Music Pier.
 - a. Potential dates. 4/20, 4/27; 5/26 (preferred) or 6/15.
 - b. Use of Loggia area
 - c. Potential sale of T-shirts
 - d. Inability to sell food (due to competition with Boardwalk vendors)
 - e. Contact speakers who will not charge a fee
 - f. Need list of Vendors:
 - i. Display
 - ii. Demo – Yoga, Zumba
 - iii. Essential oils, Spas
 - iv. Herbalism
 - v. Animal House – pets
 - vi. Village Pharmacy
 - vii. Fitness trainers and Massage therapists
5. Night in Venice: Need boat; banner and catchy theme.
6. HLAC – window Decal for restaurants providing ‘healthy’ options.
 - a. List of criteria needs to be promulgated and approved by Legal

Next Meeting: Mar. 12th, 2019