



Ocean City: Healthy Living Advisory Council

Purpose of Council: This Council develops, endorses, sponsors and provides information on community health and fitness activities to encourage wider participation in good health practices.

DRAFT Minutes - meeting held Tues, October 8th, 2019

Council Attendees:

Kathy Quinn (KQ)

Lisa Montgomery (LM)

Renee Hadam (RH)

Ocean City:

Unable to Attend:

Michael Allegretto, (MA) Dir. Community Affairs

Michael Hartman (MH) Event Coordinator

Randall Clark (RC)

Lauren Cowden (LC)

Kathy Ridge (KR)

Ian Wright (IW)

Meeting called to order

Previous Minutes – Approved for September 2019

Discussion:

1. Council membership – LM has collected applications for additional members and will follow-up with MA regarding next steps.

2. Health, Fitness and Wellness Expo (LM, KQ, RH)

- Reviewed results from vendor post-expo survey
 - All 17 vendors responded that we should continue having expo's
 - Majority responded that spring would be best time to hold
 - Several suggested the Music Pier for next expo
 - Feedback regarding what was best: ease of setup, speakers, variety, local businesses, friendly/welcoming vibe
 - Feedback regarding what to improve: additional power, more signage outside, more food, too loud, too cold
- Council discussed ideas for improvements next year:
 - Move yoga/fitness programs to am
 - End the expo at 3:00 instead of 4:00
 - Increase advertising
 - Improve projector quality
 - Have more raffles
 - Review vendor applications

3. Ideas and plans for future events (LM, KQ, RH)

- Detox (January/February 2020)
- Bike Safety Week (May 2020)
- Night in Venice – TBD if this will continue
- Fall Fundraiser – will need to discuss more about this in future meetings
- Healthy Cooking Demos – will need to discuss/determine what we can do here regarding commercial kitchen requirements, etc.
- OC Baby Parade – determined this will not be continued into 2020

Next Meeting: **November 12, 2019** (meeting room TBD)